






Six Thinking Hats - Edward de Bono

Edward de Bono (born May 19, 1933, in [Malta](#)) is a [physician](#), [author](#), [inventor](#), and [consultant](#). He is best known as the originator of the term [lateral thinking](#) and a proponent of the deliberate teaching of thinking as a subject in schools.



Established by Edward de Bono, these are six different approaches to thinking symbolised by a selection of coloured hats. Students' thinking is shaped by putting on a coloured thinking hat either physically or by imaging. These Thinking Hats may be used across all curriculum areas and learning situations. The Thinking Hats may be taught initially in isolation to gain knowledge of the thinking skills with students combining hats to create sequences relating to the learning situation.

	Thinking	Relating to others	Using language, symbols and texts	Managing self	Participating and contributing.
 Yellow Hat Strengths (Sun)	Making Decisions	Recognise different points of view Negotiating		Self-assessment Self-motivation	
 Black Hat Judgement (Judges robe)	Critical Thinking Making Decisions	Recognise different points of view Negotiating		Self-assessment Self-motivation	
 Red Hat Feelings (Heart)	Experiences Making Decisions	Recognise different points of view		Self-motivation	
 Green Hat Creativity (Plant)	Creative Thinking	Negotiating	Informative & Imaginative	Enterprising & Resourceful	
 White Hat Information (Pen and Paper)	Making sense of info Developing understanding	Listen actively Sharing ideas	Written, Oral/Aural, Visual and ICT		Actively involve the community
Blue Hat Thinking (Sky)	Metacognitive Processes			Self motivation, Make plans, strategies	Balancing rights, roles and responsibilities